



## Cardiac by Jenn Wisbeck

### Lace Beret with Subtle Hearts and Wide Ribbing

Purl stitch outlined hearts float on a background of lace bordered on one side by thick ribbing. The shape of the hearts is subtle- after all, you can't always wear your heart on your sleeve (or hat)! A few increases after the ribbing give the hat a gentle beret shape without too much floppiness. Charts and written directions for hearts and lace are included.

## Level

Intermediate- Lace, charts, increasing, decreasing

## Size

Small (medium, large); 18 (20, 22) inches/ 46 (51, 56) cm around at hem. Show in medium.

## Yarn

130 (130, 150) yards/ 119 (119, 137) meters aran weight yarn- sample knit in aran weight angora, wool, and silk blend handspun from Midnightsky Fibers.

## Materials

-1 pair each US 9/5.5mm 16 inch circular and double pointed needles, or size to get gauge  
-US 8/5 mm 16 inch circular needle (optional, for ribbing- see note)  
-Tapestry needle

## Gauge

4.25 st/inch in ribbing on smaller needles slightly stretched, 4 st/inch in lace after blocking

## Notes

If you prefer a more fitted hat brim on the beret, work Hem Ribbing on size 8/5mm needles, switch to larger needles when you begin the chart. If you don't have the smaller needles that is ok- smaller needles just help the ribbing pull in a bit more. If you like you can work the knit stitches in the ribbing through the back loops so they pull in more to create a tighter ribbing.

Charts are worked right to left every round, starting at the bottom (Round 1). A good yarn substitute would be Debbie Bliss Cashmerino Aran (2 skeins).

## Abbreviations

### Chart Key and Abbreviations

 K- Knit	 M1p- Make 1 purlwise- make 1 by lifting strand between st just worked and next st, k in to back
 P- Purl	 Ssk- slip, slip, k the 2 st together
 Yo- Yarn Over	 Cdd- Central Double Decrease- Slip 2 st, k1, pass 2 slip st over (2 st decreased)
 K2tog- Knit 2 together	 Repeat- the section or rows between these lines are repeated
 No Stitch	CO- Cast on St- Stitch(es) S1wyif- Slip 1 st with yarn in front *, ** - Repeat from * to **

**SAMPLE: PATTERN AVAILABLE AT  
MIDNIGHTSKYFIBERS.COM**

## Info

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